

Sample Programme: 3-day, 2-night Transition Residential

Aim: To support pupils through the transition from Primary to Secondary School; and to focus on the behaviours necessary to maximise opportunities at school and in their wider community.

Client Group: Year 6 - Primary to Secondary School Transition

Learning Outcome for this Course:

- Ability to listen and communicate effectively with others
- Dealing with new and unfamiliar situations
- Increase resilience and determination
- Personal organisation and taking responsibility
- Supporting and encouraging each other

Course Outline:

DAY	AM	PM	EVE
MON	Arrive after 11am. Introductions, Tour of centre. Settling into accommodation. Own packed lunch.	Group and Personal Objective Setting followed by team bonding activities.	Hopes, fears and expectations exercise followed by an Evening Entertainment.
		<i>Suggested activities: Sensory Trail and Team Building</i>	<i>Suggested activity: Egg Drop or Hike</i>
TUES	Taking Responsibility, Looking after yourself & others	Building confidence through success.	Review of the day. Setting objectives for final day followed by Evening Entertainment.
	<i>Suggested activities: Monkey Trees and Axe Throwing</i>	<i>Suggested activities: Quarry Zip Wire and Caving Simulator</i>	<i>Suggested activity: Campfire</i>
WED	Pack up. Transferring the learning.	Lunch & Depart	
	<i>Suggested activities: Archery and Abseiling</i>		

Fully Catered Residential. Please bring a packed lunch for day one. Lunch can be provided on request.

Accommodation: Lodge (indoors), Tented Village; or own tent option is available on request.

Option to include 'National Outdoor Learning Award' as part of the course