

Sample Programme: 3-day, 2-night Transition Residential

Aim: To support students new to the Secondary School environment; and to focus on the behaviours necessary to maximise opportunities at school and in their wider community.

Client Group: Year 7 - Secondary School Transition

Learning Outcome for this Course:

- Making new friends, forming new relations with class and year group
- Ability to listen and communicate effectively with others
- Dealing with new and unfamiliar situations
- Increase resilience and determination
- Personal organisation and taking responsibility
- Supporting and encouraging each other

Course Outline:

DAY	AM	PM	EVE
MON	Arrive after 11am. Introductions, Tour of centre. Settling into accommodation. Own packed lunch.	Group & Personal Objective Setting followed by team bonding activities.	Hopes, fears and expectations exercise followed by an Evening Entertainment
		<i>Suggested activities: Sensory Trail & Team Building</i>	<i>Suggested activity: Egg Drop or Hike</i>
TUES	Taking Responsibility, Looking after yourself & others	Building confidence through success.	Review of the day. Setting objectives for final day followed by Evening Entertainment
	<i>Suggested activities: Monkey Trees & Axe Throwing</i>	<i>Suggested activities: Quarry Zip Wire & Caving Simulator</i>	<i>Suggested activity: Campfire</i>
WED	Pack up. Transferring the learning.	Lunch and Depart	
	<i>Suggested activities: Archery & Abseiling</i>		

Fully Catered Residential. Please bring a pack lunch for day one. Lunch can be provided on request.

Accommodation: Lodge (indoors), Tented Village; or own tent option is available on request.

Option to include 'National Outdoor Learning Award' as part of the course