Beaudesert
Outdoor Activity Centre

## Cal Day Cafeteria Menu

Meals are subject to change depending on availability of ingredients.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast |  |  |  |  |  |  |
| Pork sausage or vegetarian sausage (V) and baked beans <br> A choice of cereal <br> Toast with jam or marmalade <br> Chef's choice of pastry Yoghurt and fruit | Bacon or vegetarian sausage <br> (V) in a roll <br> A choice of cereal Toast with jam or marmalade Chef's choice of pastry Yoghurt and fruit | Warmed breakfast pancake with soft fruit and syrup <br> A choice of cereal <br> Toast with jam or marmalade <br> Chef's choice of pastry Yoghurt and fruit | Pork sausage or vegetarian omelette (V) and baked beans <br> A choice of cereal <br> Toast with jam or marmalade <br> Chef's choice of pastry Yoghurt and fruit | Scrambled egg or baked beans on toast <br> A choice of cereal <br> Toast with jam or marmalade <br> Chef's choice of pastry Yoghurt and fruit | Bacon or vegetarian sausage <br> (V) in a roll <br> A choice of cereal <br> Toast with jam or marmalade <br> Chef's choice of pastry Yoghurt and fruit | Warmed breakfast pancake with fruit \& syrup <br> A choice of cereal Toast with jam or marmalade Chef's choice of pastry Yoghurt and fruit |
| Lunch |  |  |  |  |  |  |
| Hot dog or Vegetarian dog (V) with onions <br> Bag of crisps <br> Salad and fruit <br> Chef's choice of dessert | Chicken nuggets or Vegetarian nuggets (V) in a wrap with a choice of sauces <br> Bag of crisps <br> Salad and fruit <br> Chef's choice of dessert | Pizza slice (V) <br> Bag of crisps <br> Salad and fruit <br> Chef's choice of dessert | Wraps with a choice of fillings: cheese (V), ham, tuna <br> Bag of crisps <br> Salad and fruit <br> Chef's choice of dessert | Beef burger or vegetarian burger (V) <br> Bag of crisps <br> Salad and fruit <br> Chef's choice of dessert | Chef's choice of savoury pastry <br> Bag of crisps <br> Salad and fruit <br> Chef's choice of dessert | Cheese (V) or ham baguette <br> Bag of crisps <br> Salad and fruit <br> Chef's choice of dessert |
| The following lunch choices are bookable at breakfast: <br> Soup of the day with a roll - jacket potato with cheese or beans - pasta of the day |  |  |  |  |  |  |
| Evening Dinner |  |  |  |  |  |  |
| Pasta and meatballs or Vegetarian meatballs $(\mathrm{V})$ with bolognaise sauce (V) <br> Garlic bread <br> Bread and butter <br> Salad bar <br> Apple crumble and custard | Roast chicken or oven-cooked chicken-style fillet (V) and gravy <br> Chef's choice of potato <br> Seasonal vegetables <br> Yorkshire puddings <br> Bread and butter <br> Salad bar <br> Chocolate brownie and ice cream | Sausage or vegetarian sausage <br> (V) and mash <br> Seasonal vegetables <br> Bread and butter Salad bar <br> Mousse pot or fruit pot | Chicken Kiev or vegetarian cheesy Kiev with new potatoes <br> Seasonal vegetables <br> Bread and butter <br> Salad bar <br> Sweet waffle and ice cream and a choice of sauces | Chicken or corn (V) fajitas <br> Chef's choice of potato <br> Seasonal vegetables <br> Bread and butter <br> Salad bar <br> Apple crumble and custard | Cottage pie or Vegetarian cottage pie (V) <br> Seasonal vegetables <br> Garlic bread <br> Bread and butter <br> Salad bar <br> Chocolate brownie and ice cream | Beef or vegetable (V) lasagne <br> Seasonal vegetables <br> Garlic bread <br> Bread and butter <br> Salad bar Ice lolly |
| The following evening dinner choices are bookable at breakfast: <br> Penne pasta served with the sauce of the day and grated cheese - pie from a choice of cheese and potato (V), cheese and onion (V), steak or chicken - jacket potato with cheese and beans (V) - chef's dish of the day |  |  |  |  |  |  |

