

What are the hazards? What can cause harm?	Who might be harmed	What are you already doing? What are you doing to control hazards and the chance of someone getting hurt?	Do you need to do anything else to control this risk? By following this risk assessment, are the hazards & chances of someone being harmed adequately controlled?
		See Generic Activity Risk Assessment	
Friction burns from track	Participants	Participants briefed to keep hands and feet inside the sledge during ride.	<b>Trivial</b> <i>if controls are followed</i>
Collision with pedestrians	Participants & Non-Participants	No pedestrians on the track. All participants and sledges to be clear of bottom of track before next set start getting ready.	<b>Tolerable</b> <i>if controls are followed</i>
Rolling or falling out the kart	Participants	Participants briefed to keep hands held on to handlebars during ride, and feet in footwells. Helmets to be worn.	<b>Trivial</b> <i>if controls are followed</i>
Manual handling injuries	Participants & Instructor	Sledges should be wheeled rather than lifted where possible.	<b>Trivial</b> <i>if controls are followed</i>
Sledge not stopping at end of track	Participants	Last 15 metres of track is raised to be level to allow run off. Various braking systems in place. Constriction braking system for whole 15m. Additional broom head braking system to increase friction and slow sledge further in middle section. Final sponge brick buffer at end of track to dampen final stop. Weight limit of 70kg (11 stone) stated at top of track.	<b>Tolerable</b> <i>if controls are followed</i>
Participant ignoring weight limit	Participants	Activity to be advertised as suitable for up to age 13. Leaders to be briefed when running self-led sessions on rules and restrictions. Track has been tested to 80kg with adequate results.	<b>Tolerable</b> <i>if controls are followed</i>
Participant hitting hand rails when entering the raised level. (March 2024)	Participants	Participants briefed to keep hands and feet inside the sledge during ride. (March 2024) Paddling to be in place on the first rail.	<b>Tolerable</b> <i>if controls are followed</i>
<b>Reviews:</b> Michael Barrett April 2022; Michael Barrett December 2022; Michael Barrett March 2023; Richard Irvine March 2024			
<b>Approved:</b> Richard Irvine 16 <sup>th</sup> March 2024			