

### Risks we think are specific to Team Building

What are the hazards? What can cause harm?	Who might be harmed and how?	What are you already doing? What are you doing to control hazards and the chance of someone getting hurt?	Do you need to do anything else to control this risk? By following this risk assessment, are the hazards & chances of someone being harmed adequately controlled?
Blindfolded participant walking into an obstacle	Participants	Task situated in area clear of obstructions. Leader in charge or Instructor to intervene before contact occurs	<i>Trivial if controls are followed</i>
Planks roll under foot twisting ankles	Participants	Feet must not be tied to planks.	<i>Trivial if controls are followed</i>
Splinters and rope burns	Participants	Participants are suitably briefed for individual activities.	<i>Trivial if controls are followed</i>
Manual Handling	Participants	Participants briefed on manual handling. Eg lifting tyres	<i>Trivial if controls are followed</i>
Zig Zag Bench	Participants	To reduce injury participants should be briefed to step off rather than fall / jump. 'Chicken wire' has been added to the bench to reduce slips. The 'chicken wire' should be inspected before the activity to ensure there are no breaks so injuries to hands do not happen. If the 'chicken wire' is broken the element must not be used and the wire should be removed.	<i>Trivial if controls are followed</i>

March 2024

Reviews Undertaken:  
(note template last updated 19/6/2016)

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		Potential severity of harm		
		Slightly Harmful 1	Harmful 2	Extremely Harmful 3
Likelihood of harm occurring	Highly unlikely 1	Trivial 1	Tolerable 2	Moderate 3
	Unlikely 2	Tolerable 2	Moderate 4	Substantial 6
	Likely 3	Moderate 3	Substantial 6	Intolerable 9

**Slightly harmful:** Superficial injuries; minor cuts and bruises; eye irritation from dust, nuisance and irritation (e.g. headaches); ill-health leading to temporary discomfort.

**Harmful:** Lacerations; burns; concussion; serious sprains; minor fractures, deafness; dermatitis; asthma; work related upper limb disorders; ill-health leading to permanent minor disability.

**Extremely harmful:** Amputations; major fractures; poisonings; multiple injuries; fatal injuries, occupational cancer; other severely life shortening diseases; acute fatal diseases