

## Risks we think are specific to Team Building

| What are the hazards?<br>What can cause harm?      | Who might be harmed and how? | What are you already doing?<br>What are you doing to control hazards and the chance of someone getting hurt?   | Do you need to do anything else to control this risk? By following this risk assessment, are the hazards & chances of someone being harmed adequately controlled? |
|--|------------------------------|--|---|
| Blindfolded participant walking into an obstacle   | Participants                 | Task situated in area clear of obstructions. Leader in charge or Instructor to intervene before contact occurs   | <b>Trivial if controls are followed</b>   |
| Planks roll under foot twisting ankles             | Participants                 | Feet must not be tied to planks.   | <b>Trivial if controls are followed</b>   |
| Splinters and rope burns                           | Participants                 | Participants are suitably briefed for individual activities.   | <b>Trivial if controls are followed</b>   |
| Manual Handling, and dropping items (January 2025) | Participants                 | Participants briefed on manual handling. Eg lifting tyres. Items to be lowered rather than dropped. (January 2024)   | <b>Trivial if controls are followed</b>   |
| Zig Zag Bench                                      | Participants                 | To reduce injury participants should be briefed to step off rather than fall / jump. 'Chicken wire' has been added to the bench to reduce slips. The 'chicken wire' should be inspected before the activity to ensure there are no breaks so injuries to hands do not happen. If the 'chicken wire' is broken the element must not be used and the wire should be removed. | <b>Trivial if controls are followed</b>   |
| Human Chess  | Participants                 | Participants instructed to lightly tap others. A group may be overexcited and hitting rather than tapping to occur.<br>Instructor to remove participants from the game if inappropriate behaviour occurs.<br>General falls – Game is played on the grass, away from hazards.   | <b>Trivial if controls are followed</b>   |

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|---|--|--|--------------------|
| Reviews Undertaken:<br>(note template last updated 19/6/2016) | Dan Farnsworth 2017 Richard Irvine 4/12/2017; Michael Barrett April 2022 & March 2023 Alexander Ruse Sept 2024 Richard Irvine February 2024 and January 2025 |  |                    |
| Risk Assessment Approved by:                                  | Richard Irvine   |  | Date: January 2025 |

|                                 |                      | Potential severity of harm |                  |                        |
|---------------------------------|----------------------|----------------------------|------------------|------------------------|
|                                 |                      | Slightly Harmful<br>1      | Harmful<br>2     | Extremely Harmful<br>3 |
| Likelihood of<br>harm occurring | Highly unlikely<br>1 | Trivial<br>1               | Tolerable<br>2   | Moderate<br>3          |
|                                 | Unlikely<br>2        | Tolerable<br>2             | Moderate<br>4    | Substantial<br>6       |
|                                 | Likely<br>3          | Moderate<br>3              | Substantial<br>6 | Intolerable<br>9       |

**Slightly harmful:** Superficial injuries; minor cuts and bruises; eye irritation from dust, nuisance and irritation (e.g. headaches); ill-health leading to temporary discomfort.

**Harmful:** Lacerations; burns; concussion; serious sprains; minor fractures, deafness; dermatitis; asthma; work related upper limb disorders; ill-health leading to permanent minor disability.

**Extremely harmful:** Amputations; major fractures; poisonings; multiple injuries; fatal injuries, occupational cancer; other severely life shortening diseases; acute fatal diseases